

MSTIFFK

WEEKLY PRACTICE PLANNER

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SCALES

- ☐ A
- ☐ B
- ☐ C
- ☐ D
- ☐ E
- ☐ F
- ☐ G

- ☐ SHARP
- ☐ FLAT

- ☐ Major
- ☐ Harmonic Minor
- ☐ Melodic Minor
- ☐ Arpeggio
- ☐ Chromatic
- ☐ Dominant 7th

- ☐ Separate Bows
- ☐ Slurred (2 to a Bow)
- ☐ Slurred (3 to a bow)
- ☐ Slurred (4 to a bow)

LISTENING

PASSIVE PLAYLIST

1. _____
2. _____
3. _____

ACTIVE PLAYLIST

REVIEW

**Select an older piece that you play well and record it. Listen to your recording and use the self-relection tool.*

INTONATION
RHYTHM
FLUENCY
DYNAMICS

1	2	3	4	5
☐	☐	☐	☐	☐
☐	☐	☐	☐	☐
☐	☐	☐	☐	☐
☐	☐	☐	☐	☐

NEW PIECE

TITLE: _____

COMPOSER: _____

SECTION: _____

SECTION: ☐ Bar # ____ to Bar # ____

☐ Whole Song

☐ Sheet Music ☐ Memorize